



## SDW winning eRACING revolution

**Southborough & District Wheelers** have been fully embracing cycling eRACING and have taken to the app **Zwift** to race computer generated versions of themselves against riders from around the world. Indoor cycling trainers generating power outputs, along with accurate rider weight and height, have created an incredibly realistic and competitive community at a time when group riding outdoors isn't always possible.



**Warren G is our SDW STINGER**



**40+ riders entered the club champs**



**Simon M race control**

The club held their **SDW 2020 Online Club Championships** using the platform, with over 40 riders racing a virtual 45km around the Zwift Innsbruckring. This historic event was the first time the club had taken the championships off the road and this ensured the event could also be shown live across social media, complete with running commentary from club member and event organiser Simon Miller.



**Pete C & fan club**

Club members and friends were competing within defined Zwift racing categories that groups riders based on their power & weight and allows different ages to compete for championship glory. After an exhilarating race, **Keith Henderson** was crowned **SDW Club Champion**, covering the challenging course in 59 mins 11 secs and narrowly holding off **Neil Harris** in a final sprint. Category B was won by **James Currie** (59 min 59 secs), Cat. C by **Tim Bottoms** (1 hr 6 mins), with **Ollie Fussell** (8 years old) winning Cat. D (1 hr 17 mins). Simon Miller, announcing the results, said *"this was a great day of racing, a first for the club formed in 1932 and now fully embracing the modern era with local members and friends joining us from overseas"*.



**Dave B in the pain cave**



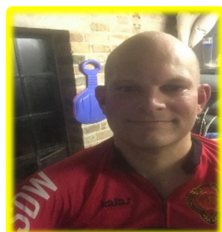
**Tim B stings Cat C**



**Lucas B a junior Wasp**



**Ollie F flying in Cat D**



**James C buzzing in B**

The Southbrough club have also taken their success in the **British Cycling South East** club championships to new levels and now have five teams competing in the inaugural **Zwift Racing League**. Racing on a weekly basis against over 6000 teams from across the world, it has been a strong start to the season for the squad who race under the moniker **SDWasps**. The **HORNETS**, **BEES** & **SKEETERS** teams are all in divisional promotion places after 6 / 10 races. While **VESPIDAE** are placed in the highest rated Category A community division and **STINGERS** more than holding their own against strong competition. The race format is individual scratch races and Team Time Trials. Julian Fussell, SDWasps Team Manager commented *"the Zwift Racing League has been a great way to keep the club's community connected at a time when many people are feeling isolated and has also improved our collective mental and physical wellbeing"*.



**Keith H wins the champs!**

The club are also extremely proud to announce the annual Ride Lydd Summer Charity ride raised £1000 which has been donated to **Tunbridge Wells Nourish Community Food Bank**, helping to support the local charity with its amazing work.

More info about cycling both outside and indoors with SDW can be found at [www.southborough-wheelers.co.uk](http://www.southborough-wheelers.co.uk)